Rules of Meem Sakinah
Outline

Definition of Meem Sakinah
Al Ikhfa Ash-Shafawi
Al Idgham Ash-Shafawi
Al Idhar Ash-Shafawi
Meem Sakinah is a meem that does not carry any of the three vowels and carries a sukoon while stopping or continuing.

Considering the definition above, the following cases would not fit the definition of Meem Sakinah:

A meem that carries a vowel

A meem with a shadda

A meem that carries a vowel due to the meeting of two sukoons.

A meem that carries a temporary sukoon due to stopping.
Definition of Meem Sakinah

The meem sakinah can appear within a word or at the end of a word.

It can appear in verbs, nouns, or particles.

It can also be an indication of plurality such as in كم تم هم.

There are a total of three rules of Meem Sakinah.
Al Ikhfa Ash-Shafawi

Al Ikhfa Ash Shafawi occurs when meem sakinah is followed by the letter ـ.

The meem is hidden, and there is a two count ghunna.

The ghunna of Al Ikhfa Ash Shafawi sounds the same as the ghunna of Qalb.

Al Ikhfa Ash Shafawi only occurs between two words.

In the Uthmani mushaf, this rule is indicated by the meem not having any sign on it.
The rule applies when a meem sakinah is followed by a meem mutaharrikah.

The reciter will merge the two meems and make a two count ghunna.

This is also known as Idgham Mithlain Sagheer, because the two letters share the same makhraj and sifaat, and the first letter is not voweled, while the second is voweled.

In the Uthmani mushaf, Al Idgham Ash Shafawi is indicated by the first meem being without a sign, and the second meem having a shadda on it.
The meem originates from its makhraj (point of origination) without any added nasal sound, stopping, breathless stop, or emphasis on the meem.

Al Idhar Ash Shafawi occurs within words, and between two words.

Its letters are all the letters of the Arabic alphabet, except for ب and م.

The meem sakinah will have a sukoon on it to indicate Al Idhar Ash Shafawi in the Uthmani mushaf.

The reciter must be most careful when the meem sakinah is followed by و and ف.